



Carolyn S. Tal, Ph.D. – Professional Business and Personal Coach

Providing coaching services to individuals and businesses.

WHAT IS COACHING

Coaching is about identifying and achieving desired goals in a way that promotes development, learning, and growth. The coaching process is a unique blend of creating an empowering context, increasing awareness to see expanded possibilities, and linking new awareness with specific plans and accountability.

WHO TURNS TO COACHING

- ☞ Successful individuals and teams facing new opportunities, challenges, decisions, transitions, or questions.
- ☞ Individuals looking to expand to a new role or impact.
- ☞ Managers, entrepreneurs, executives, and professionals interested in professional and personal development.

BENEFITS OF COACHING

- ☞ Improved goal-setting, decision-making, and interpersonal skills.
- ☞ Increased efficiency, productivity, effectiveness, and satisfaction.
- ☞ Better use of natural strengths.

SERVICES OFFERED

- ☞ Individual coaching specializing in the areas of leadership, teamwork, and communication.
- ☞ Team coaching and coaching of partners for high impact.
- ☞ Workshops on coaching skills and instilling coaching culture in organizations.
- ☞ Equine-assisted learning for effective communication.

BIOGRAPHY

Carolyn Tal has worked with individuals and systems in human development for over 20 years. Her experience includes a Ph.D. in psychology, organizational consulting, mediation, and professional coaching. She has worked in hi-tech, bio-tech, service, hospital, educational, and military settings, including cross-culturally. Carolyn is a Chicago native, educated at University of Pennsylvania and Northwestern University, and has lived in Israel for 12 years. Carolyn trained at CoachU and is a member of the International Coach Federation.

CONTACT INFORMATION

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